



STEAM EmbRaCe

A STEAM project for Empathy, Resilience and Creativity

STEAM and Social and Emotional learning

The integration of STEAM (Science, Technology, Engineering, Arts, and Mathematics) and Social and Emotional learning (SEL) is becoming increasingly important in education. This is because STEAM education is not just about teaching technical skills and knowledge, but also about fostering creativity, critical thinking, problem-solving, and collaboration. At the same time, SEL focuses on developing students' emotional intelligence, empathy, self-awareness, and social skills, which are essential for success in life.

Integrating SEL with STEAM can help students **develop a growth mindset**, which is the belief that intelligence and abilities can be developed through hard work and dedication. This mindset can help students persevere through challenges and setbacks, and ultimately succeed in their STEAM learning.

In addition, connecting STEM with SEL **promotes collaboration**. STEAM education often requires students to work in groups or teams to solve problems. When SEL is integrated into the learning process, students can develop social skills such as communication, teamwork, and empathy, which are essential for effective collaboration.

SEL and STEAM both focus on **fostering creativity and innovation**. When these two approaches are combined, students can learn to think outside the box and develop new and innovative solutions to complex problems.

Overall connecting STEAM and SEL **prepares students for the future**. In today's rapidly changing world, students need to be equipped with both technical and social-emotional skills to succeed. Integrating STEAM and SEL can help students develop a wide range of skills that are essential for success in the 21st century workforce. By combining STEAM and SEL approaches to learning, educators can create a holistic learning experience that prepares students for the challenges and opportunities of the future.

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